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FOREWORD

The National Curriculum Framework, 2005, recommends that children's life at school must be linked to their life outside the school. This principle marks a departure from the legacy of bookish learning which continues to shape our system and causes a gap between the school, home and community. The syllabi and textbooks developed on the basis of NCF signify an attempt to implement this basic idea. They also attempt to discourage rote learning and the maintenance of sharp boundaries between different subject areas. We hope these measures will take us significantly further in the direction of a child-centred system of education outlined in the National Policy on Education (1986).

The success of this effort depends on the steps that school principals and teachers will take to encourage children to reflect on their own learning and to pursue imaginative activities and questions. We must recognise that, given space, time and freedom, children generate new knowledge by engaging with the information passed on to them by adults. Treating the prescribed textbook as the sole basis of examination is one of the key reasons why other resources and sites of learning are ignored. Inculcating creativity and initiative is possible if we perceive and treat children as participants in learning, not as receivers of a fixed body of knowledge.

These aims imply considerable change in school routines and mode of functioning. Flexibility in the daily time-table is as necessary as rigour in implementing the annual calendar so that the required number of teaching days are actually devoted to teaching. The methods used for teaching and evaluation will also determine how effective this textbook proves for making children's life at school a happy experience, rather than a source of stress or boredom. Syllabus designers have tried to address the problem of curricular burden by restructuring and reorienting knowledge at different stages with greater consideration for child psychology and the time available for teaching. The textbook attempts to enhance this endeavor by giving higher priority and space to opportunities for contemplation and wondering, discussion in small groups, and activities requiring hands-on experience.

NCERT appreciates the hard work done by the textbook development committee responsible for this book. We wish to thank the Chairperson of the Advisory Group on Social Science, Professor Hari Vasudevan and the Chief Advisor for this book, Professor Neeladri Bhattacharya for guiding the work of this committee. Several teachers contributed to the development of this textbook; we are grateful to their principals for making this possible. We are indebted to the institutions and organisations, which have generously permitted us to draw upon their resources, material and personnel. We are especially grateful to the members of the National Monitoring Committee, appointed by the Department of Secondary and Higher Education, Ministry of Human Resource Development under the Chairpersonship of Professor Mrinal Miri and Professor G. P. Deshpande, for their valuable time and contribution. As an organisation committed to systemic reform and continuous improvement in the quality of its products, NCERT welcomes comments and suggestions which will enable us to undertake further revision and refinement.

New Delhi 20 November 2006 Director National Council of Educational Research and Training

RATIONALISATION OF CONTENT IN THE **T**EXTBOOKS

In view of the COVID-19 pandemic, it is imperative to reduce content load on students. The National Education Policy 2020, also emphasises reducing the content load and providing opportunities for experiential learning with creative mindset. In this background, the NCERT has undertaken the exercise to rationalise the textbooks across all classes. Learning Outcomes already developed by the NCERT across classes have been taken into consideration in this exercise.

Contents of the textbooks have been rationalised in view of the following:

- Overlapping with similar content included in other subject areas in the same class
- Similar content included in the lower or higher class in the same subject
- Difficulty level
- Content, which is easily accessible to students without much interventions from teachers and can be learned by children through self-learning or peer-learning.
- Content, which is irrelevant in the present context.

This present edition, is a reformatted version after carrying out the changes given above.

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Professors J.S. Grewal, member of the NCERT Monitoring Committee and Muzaffar Alam of the University of Chicago commented on several chapters and very generously responded to all our queries. Professor Ebba Koch of the University of Vienna was kind enough to give us permission to use many of her photographs and illustrations. We are indebted to Dr. Meera Khare of PGDAV College, Delhi University, for her promptness in responding to our questions and providing us help with information and visuals.

Shyama Warner's copyediting and proofreading skills improved the book dramatically. It is certainly a visual delight thanks to the designing and layout expertise of Ritu Topa of Arrt Creations. Albinus Tirkey's technical and administrative help eased the burden at the last stages of production. Satish Maurya produced the maps for the book. We are grateful to him for his patience, promptness and efficiency. Shveta Uppal oversaw the final editing and production of the volume with great care and customary professionalism.

The Council acknowledges the valuable inputs for analysing syllabi, textbooks and the content, proposed to be rationalised for this edition by Umesh Ashok Kadam, *Professor*, Centre for Historical Studies, Jawaharlal Nehru University, New Delhi; Sunil Kumar Singh, *PGT History*, Kendriya Vidyalaya, AFS, Tughlakabad, New Delhi; Krishna Ranjan, *PGT History*, Kendriya Vidyalaya, Vikaspuri; Archana Verma, *Associate Professor*, Department of History, Hindu College, University of Delhi, Delhi; Shruti Mishra, *PGT History* and *HoD*, History, Delhi Public School, R.K. Puram, New Delhi; Gouri Srivastava, *Professor*, DESS; Mily Roy Anand, *Professor*, DGS and Sharad Kumar Pandey, *Associate Professor*, DCS&D, NCERT.

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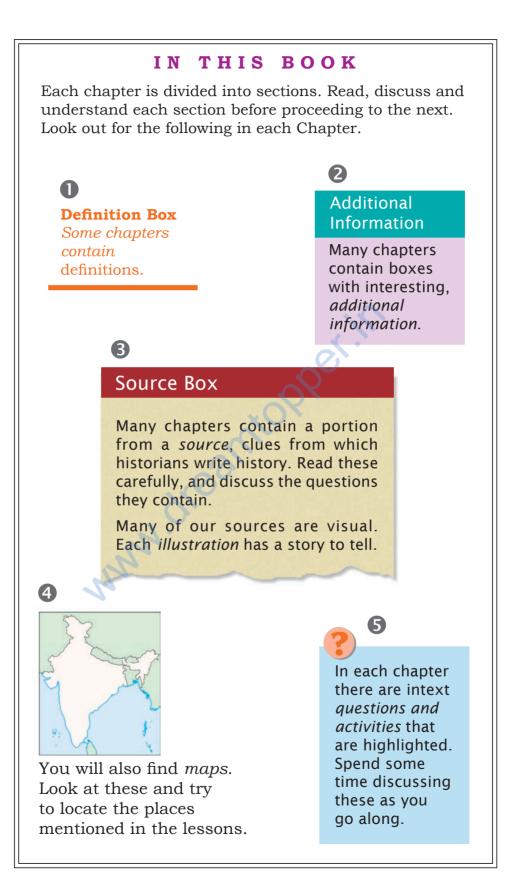
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6

Imagine

And there is a small section titled *Imagine*. This is your chance to go back into the past and figure out what life would have been like.

7

Keywords

At the end of each chapter, you will find a list of *keywords*. These are to remind you of important ideas/ themes introduced in the lesson.

8

You will also find different kinds of activities listed at the end of each chapter — Let's recall, Let's discuss, Let's do and Let's understand.

There is a lot to read, see, think about and do in this book. We hope you will enjoy it.

